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Ask Your Doctor

Make a list of questions to ask your doctor at your next appointment. Try keeping a running list of any symptoms or concerns so you can remember to ask about them at your next visit.

- What kind of tests and screenings do I need?
- When should I schedule my next appointment?
- Are these medications still necessary?
- What else can I do to better manage my health?
- What are some other treatment options?
- This is my understanding...what do you think?