## How to make family time a habit:

- Limit screen time
- Set a specific time to spend together
- Try new things and let everyone plan
- Be thrifty
- Have a backup plan

## JULY ACTIVITY

## Family Togetherness

Get together with those closest to you to learn, laugh and grow together as you complete different family activities each week. Your first tip? Have a backup plan! Don't let bad weather or unforeseen circumstances spoil time with people you care about.



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